



AGE FRIENDLY ASHBURTON DISTRICT SURVEY

Is Ashburton District Age Friendly?

The Age Friendly Ashburton District Steering Group and Safer Mid Canterbury invite residents **aged 55 and over** to complete this survey to contribute your experience of living in Ashburton District. Findings from the survey will help us to create our age-friendly plan to celebrate the best of living in Ashburton District for older residents and also what we can do together to make the experience even better.

The survey takes about 10-15 minutes to complete. Your responses are completely anonymous and participation is entirely voluntary.

Any questions about this survey can be directed to Lesley Symington, Safer Mid Canterbury lesley.symington@safer.org.nz – thanks!

1. Firstly, what age group are you in?

- Under 55 → *Please do not complete the survey.*
- 55-59
- 60-64
- 65-69
- 70-74
- 75-79
- 80-84
- 85-89
- 90-94
- 95+

2. Do you live within the Ashburton district

Yes

No → *This survey is for Ashburton District residents aged 65 and over. Please do not complete the survey.*

The following age-friendly questions ask for your views about the physical and social environment.

Please give a rating for each question.

3. Housing

	Totally disagree	Disagree	Neutral	Agree	Totally agree
My house is accessible to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My house is accessible to the people who come to visit me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

4. Social participation

	Totally disagree	Disagree	Neutral	Agree	Totally agree
There are enough opportunities to meet people in my neighbourhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities and events are organised in places that are accessible to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The information about activities and events is enough for me and also suitable for me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find the range of events and activities sufficiently varied	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

5. Respect and social inclusion

	Totally disagree	Disagree	Neutral	Agree	Totally agree
I sometimes get annoying or negative remarks because of my age	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I sometimes face discrimination because of my age	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

6. Civic participation and employment

Totally disagree Disagree Neutral Agree Totally agree

I have enough opportunities to interact with younger generations

I feel like a valued member of society

Please comment further if you wish. *Comment below...*

7. Communication and information

Totally disagree Disagree Neutral Agree Totally agree

Printed and digital information from the Council and other social institutions is easy to read in terms of font and size

Printed and digital information from the Council and other social institutions is written in understandable language

Please comment further if you wish. *Comment below...*

8. Community support and health services

	Totally disagree	Disagree	Neutral	Agree	Totally agree
The supply of care and welfare in my district is enough for me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I am ill, I receive the care and help I need	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If necessary, I can easily reach care and welfare services by telephone and in person	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have enough information about care and welfare services in my neighbourhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Care and welfare workers in my neighbourhood are sufficiently respectful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

9. Outdoor spaces and buildings

	Totally disagree	Disagree	Neutral	Agree	Totally agree
My neighbourhood is sufficiently accessible for a wheeled walker, mobility scooter, or wheelchair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The shops in my neighbourhood are sufficiently accessible with a wheeled walker, mobility scooter, or wheelchair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

10. Transportation

	Totally disagree	Disagree	Neutral	Agree	Totally agree
I can easily get on the bus in my neighbourhood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The bus stops in my neighbourhood are easy to reach and use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

11. Financial situation

	Totally disagree	Disagree	Neutral	Agree	Totally agree
My income is sufficient to cover my basic needs without any problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I live well on my income	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

12. Feeling safe

	Totally disagree	Disagree	Neutral	Agree	Totally agree
I feel safe in my home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe when I am out and about within Ashburton District	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel safe when I am using technology	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

13. Preparedness

	Totally disagree	Disagree	Neutral	Agree	Totally agree
I know where to find information to help me prepare for emergencies/disasters	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am/was financially and socially prepared for a good retirement	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please comment further if you wish. *Comment below...*

Now we have some questions about you.

14. How many years have you lived in Ashburton District?

Round up to the nearest year.

15. What is your gender?

- Male
- Female
- Another gender

16. Which ethnic group do you belong to?

Tick the box or boxes which apply to you.

- New Zealand European
- Māori
- Samoan
- Cook Islands Māori
- Tongan
- Niuean
- Chinese
- Indian
- Other (*please state eg., Dutch, Japanese, Tokelauan*)

17. Which country were you born in?

- New Zealand
- Australia
- England
- China (People's Republic of)
- India
- South Africa
- Samo
- Cook Islands
- Other (*write in name of country*)

18. What is your postcode? (*4 digits*)

19. What is your highest qualification?

- No qualification
- Secondary school qualification
- Tertiary qualification (for example, trade, polytechnic degree, bachelors degree)
- Postgraduate degree/diploma/certificate or higher (for example, honours, masters, doctorate) Do you work for pay, profit, or income?
 - Yes, part-time (1-29 hours per week)
 - Yes, full-time (30+ hours per week)
 - Neither of these

20. Is the household you live in...

- Owned or partly owned with or without a mortgage (includes licence to occupy in retirement complexes)
- Not owned and not held in a family trust i.e., rented or provided rent-free
- Held in a family trust
- Other (*please write in*)

21. Who lives at your usual address?

Tick the box or boxes which apply to you.

- I live alone
- My wife or husband, partner or de facto
- My mother and/or father
- My daughter(s) and/or son(s)
- My sister(s) and/or brother(s)
- My grandchild(ren)
- My flatmate(s)
- Other (*please state eg., stepson, mother-in-law*)

22. Please indicate how many of the following long-term health conditions you have:

arthritis, asthma, cancer (including remission), dementia (including Alzheimer's), diabetes, heart disease (including heart attack or angina), kidney disease, lung condition (including COPD or emphysema), mental health condition (including depression or anxiety), stroke.

Any other long-term conditions are excluded from the count.

- None of these
- One condition
- Two conditions
- Three or more conditions

23. Do you need daily assistance for everyday activities at home? (everyday activities include self-care, mobility and communication)

- I have a need for assistance with everyday activities
- I do not have a need for assistance with everyday activities


24. Do you use a mobility aid? (for example, mobility scooter, wheelchair, walking stick, walker, etc.)

- Yes
- No

25. Do you drive a car or vehicle for which you need a driving licence?

- Yes
- No

26. How do you feel about your life as a whole, where zero is completely dissatisfied and 10 is completely satisfied?

0 - completely dissatisfied	10 – completely satisfied
	

Thank you very much for completing this survey.

**Please return it to the box provided at one of the following locations: Ashburton Library, Methven Library, Mt Somers Library, Ashburton Community House, Hakatere Marae, Tangata Atamotu Trust, Age Concern, Presbyterian Support, Ashburton Club or at reception at the place you collected it (eg. retirement complex)
OR text 021 288 4334 for postal address.**