

SPORT CANTERBURY REPORT TO ADC

Objectives as per contract	Report on progress against performance measures as per contract- July 1st 2023 – June 30th 2024
A. Leading	
<p>A1- Advocate on key strategic issues relating to play, active recreation, and sport.</p> <p>A2- Utilise and support research to inform strategy and programme development to ADC staff.</p> <p>A3- Maintain and develop working relationships with key stakeholders and community groups to enhance play, active recreation and sport.</p> <p>A4- Ensure spaces and places meet the needs of the community to increase/improve participation in play, active recreation and sport.</p> <p>A5- Celebrate success.</p>	<p>We continue to advocate for play, active recreation, and sport in a range of settings and communities, and continue to monitor emerging trends and issues in this space.</p> <p>Over the past 12 months, the following progress has been made against the performance measures:</p> <ul style="list-style-type: none"> • In partnership with Squash New Zealand, Sport Canterbury has supported a review into squash facility provision in Ashburton following the release of Squash New Zealand’s 2022 strategy where insights pointed to this review being a high priority. Sport Canterbury collected, where possible, data and background information from willing clubs. For the project to be successful we are reliant on a collaborative approach from clubs, and Squash New Zealand is looking to manage the relationship between all clubs to allow the project to continue. The project’s application to Lotteries in this time was unsuccessful. • Sport Canterbury continues to maintain and develop working relationships with key stakeholders and community groups. This is evidenced in the last 12 months, through membership on Safer Mid Canterbury, Mid Canterbury Funders Forum, EANC User Group, Bike Skills Park Steering Group, Refugee settlement support service as well as other groups, as and when required. Through this, the following has been achieved/progress has been made: <ul style="list-style-type: none"> ○ Sport Canterbury provided support for older adults in the Ashburton District through three community-based events. This included two ‘October Ageing Well’ library days, which consisted of a range of health organisations providing information about their services. Secondly, Sport Canterbury

supported and attended the Ashburton Older Adults 'April Falls' Expo held at Te Whare Whakare. Sport Canterbury supported Safe Communities Ashburton with the organisation and promotion of the event, including an interview with a participant of a Steady As You Go class and a timetable of approved ACC strength and balance classes. Sport Canterbury further supported the event through seeking providers to give demonstrations at the expo, enabling them to showcase their offerings. It is estimated that we connected with over 250 individuals as well as with various health organisations, including Heart Foundation and Tangata Atumotu Trust. This has led to more collaborative conversations and will culminate in future events, including a workshop with Pasifika elders to educate, promote and demonstrate strength and balance exercises and activities.

- As part of the Bike Skills Park steering group, Sport Canterbury contributed to the creation of a design brief for the park, ensuring play, active recreation and sport was considered in the brief and the needs of the participants, including accessibility, were front and centre. Sport Canterbury, in collaboration with other steering group members, have developed plans which will be completed once further funding has been secured to incorporate community consultation and tamariki voice in the process when appropriate.
- Sport Canterbury is also a member of the Immigration Network Group. This group supports new migrants to the Ashburton community. Our role is to facilitate connections which support access to play, active recreation and sport opportunities that are appropriate and relevant.
- Sport Canterbury in collaboration with ADC, endorsed Rakaia Rugby Club to Lotteries New Zealand. This led to Rakaia Rugby

	<p>Club successfully gaining \$350k of funding for clubroom and changing areas upgrades/redevelopments. Building committee Chairman, Mark Boag, is confident the project will be completed by the end of the year.</p> <ul style="list-style-type: none">○ Sector Connects have also been facilitated with attendees from key Sports Organisations in attendance. See below (enabling section) for further information.● Sport Canterbury continues to celebrate success, with the following achieved/progress being made:<ul style="list-style-type: none">○ The Mid-Canterbury Sports Awards were held in March 2024, with 200 attendees at the event. The awards celebrated and recognised success across 10 categories as well as acknowledging four volunteers from the community and inducting two new legends into the prestigious Mid Canterbury Sporting Legends. This year's Awards evening was formally opened by Ashburton College Kapa Haka group, providing a platform for these students to showcase their passion and skillset, while also acknowledging the role Kapa Haka performance has in the Active Recreation space. Planning for the 2025 Sport and Active Recreation Awards will soon be underway.○ Ashburton College and Mutt Hutt College were part of the Aoraki Secondary School Sports Awards. Mount Hutt College nominated two athletes and Ashburton College nominated 12 individuals and three teams. Students from Ashburton College won Para Athlete of the Year, Female Sportsperson of the Year and four Aoraki Future Champion Categories. There was also one Combined team nomination between Ashburton College and Mt Hutt College. These nominations celebrate achievements from Oct 22 – Oct 23, with the awards night celebration held in November 2023.
--	---

	<ul style="list-style-type: none"> ○ We continue to utilise our Sport Canterbury – Mid Canterbury Facebook Page which has 429 followers, enabling further reach of community success stories and awareness of Play, Active Recreation and Sport. ● We continue to maintain a positive working relationship with ADC through our connection at EANC where Sport Canterbury and ADC staff can connect and collaborate as required. ● Sport Canterbury facilitated connections between key external stakeholders to acknowledge and support a group of talented Mid Canterbury youth athletes via the Tatai Whetu Waitaha programme. Tatai Whetu Waitaha have onboarded 10 Mid Canterbury youth development athletes, supporting their physical conditioning, mental strength skills and nutritional support, enabling the best performance outcomes for the athletes.
Enabling	
<p>B1- Grow and develop the capability of individuals and organisations to improve play, active recreation and sports participation and make healthier choices for their communities.</p>	<p>We continue to enable individuals and organisations to improve or support play, active recreation and sports participation and make healthier choices for their communities.</p> <p>Over the past 12 months, the following progress has been made against the performance measures:</p> <ul style="list-style-type: none"> ● Through sector connects, capability support has been provided on various topics such as sideline behaviour, Balance is Better, best practice in youth development, as well as providing updated insights and generating awareness of emerging trends. ● Sport Canterbury connected five local Sport Development Officers from different sports codes, to discuss shared challenges and foster a cross code connect. These facilitated and focussed collaborations further encourage sharing of best practice opportunities. ● Sport Canterbury in collaboration with High Performance Sport New Zealand offered a sector connect on the topic of performance pathway opportunities for Mid Canterbury athletes, where 11

sports code representatives had the opportunity to be informed about regional performance pathways, thus expanding the capability of our regions sports codes to understand and support their development and performance athletes as well as the connect point into the relevant NSO programmes.

Over the reporting period the below has taken place in the Sport Canterbury Healthy Active Learning space:

- A full day Leads Hui was held with Healthy Active Learning school lead kaiako and senior leadership where training and upskilling was provided on the topics of 'wellbeing in strategy' and 'effective consultation'. Over 85% of attendees self-reported an improved knowledge of these topics because of attending this hui. They identified they will utilise this knowledge in creating their strategic plans and establishing long-term plans for sustaining health and wellbeing in schools.
- A full day Principal Hui was delivered to Healthy Active Learning Principals and their SLT. Sport Canterbury enlisted collaboration partners, Ministry of Education and Te Whatu Ora, to support the key messaging of the Hui. The agenda included, learning environments that impact wellbeing and learning and strategic influence on a whole school approach. Nine Principals and four SLT attended, impacting 80% of our HAL Principals. 2/3 of attendees reported their knowledge increasing in terms of what well-being could mean for their schools and how they could measure it. The Principals' Hui was also the impetus for action from School Leadership in several schools. Examples of include the movement and traction gained with Ashburton Intermediate School and the enhancement of opportunities within their play breaks. Hampstead School applied their learning to adapt their approach to Cross Country to enhance participation outcomes, by making alterations to the traditional approach to cross-country training and making

adaptions to the event to include a whanau run, fun obstacles and competitive and non-competitive options.

- 17 playground mapping and play activations have been undertaken (insight gathering activities) with Healthy Active Learning Schools. This enabled eight reports with recommendations on play enablement to be produced and provided to schools to support improved play breaks. One playground mapping exposed a high need for changes in the morning and lunch break environments, exposing a dramatic lack in tamariki being physically active. This led to a hands-on week of morning tea and lunch break activations where the HAL team worked alongside school staff leading the change in enabling and encouraging play and physical activities. This had a great impact on 350 tamariki.
- Nine Health Active Learning schools were supported by Sport Canterbury to undertake student, whanau and teacher voice surveys to understand their experience of Health and PE at school and to support recommendations for change/adaptions moving forward. These surveys have informed Sport Canterbury's 2024 work plan and have strengthened relationships with schools and whanau.
- Through Healthy Active Learning, 10 professional learning development sessions have been held supporting capability build in approximately 90 teachers, principals and support staff. These sessions covered a range of topic that relate to Healthy Active Learning outcomes, including but not limited to, how to give effect to Te Tiriti o Waitangi, building capability in inclusion training and system change.
- Through Healthy Active Learning, we have completed 12 whole school modelling sessions, showcasing best practice when delivering quality PE, building the confidence and capability of Kaiako for HAL Schools.
- Sport Canterbury, Aoraki Secondary Sport and Regional Sport Organisations partnered to deliver opportunities for secondary

school winter sport student coaches. These workshops were intended to enhance the leadership and coaching capabilities of student coaches. One of the one-day practical coach development workshops took place at Ashburton College capturing students from both Mt Hutt and Ashburton College. The objectives for the workshop were to:

- Develop students' leadership capabilities and confidence
- Increase students' knowledge of quality how to coach approaches
- Improve students' knowledge of what sport concepts to coach
- Connect student coaches to future support opportunities and resources.
- The one-day practical Sport Canterbury coaching workshops captured a total of 164 students, with 104 out of the 130 student that completed feedback indicating they increased their coaching knowledge during the workshop. 16 Mid Canterbury based student coaches were directly involved in the regional workshop and were connected into three sport code Coach Development Officers/ Code representatives to provide additional sport specific coaching and provide future connection opportunities for additional support post workshop. Sports codes involved included Mid Canterbury Netball, Basketball Mid Canterbury and Mid Canterbury Rugby union.

- Sport Canterbury has supported four termly Connection of Small and Rural Schools (COSARS) events, that have impacted approximately 200+ students from seven different schools (HAL and non-HAL schools) to participate and be exposed to Play, Active Recreation and Sport opportunities. These are in turn used as a vehicle to support these tamariki with building confidence and connections. Sport Canterbury remain actively involved in the concept design, planning, organisation and running of the COSARS events in partnership with the Mid Canterbury Kahui Ako. Through

COSARS, tamariki and rangatahi have had access and opportunity to take part in the following elements of Play, Active Recreation and Sport:

- Play through playdough modelling activities, chalk drawing and model making.
- Active Recreation through unstructured equipment use, Movewell resourced games and access to water-based activities.
- Sport through participation in minor sports such as handball, traditional Māori games, karate and multi-sport games.
- Sport Canterbury continues to link in, collaboration partners from external organisations across the Mid Canterbury region to enhance both the experiences for the tamariki and the organisation's ability to reach and engage with tamariki. When linking a COSARS event with the EANC aquatic team, the EANC swim staff were able to complete swim tests for approximately 20 students who had not completed swim tests prior. Completing and passing the swim test enabled these tamariki to gain access to the large swimming pool, further gaining access to play, jump and climb on the EANC pool inflatables when in use.

- Sport Canterbury facilitated the senior-students Wakanui Sports Club in term two, delivering seven, afternoon weekly sessions to approximately 15 students. Through this program we taught quality experiences, inclusion, participation, sportsmanship and leadership qualities. The skills and qualities taught to tamariki within the sports club were then encouraged to be taken to the junior and wider school, specifically within their play and sports spaces.
- Sport Canterbury launched their Women and Girls strategy which focuses on creating an equitable physical activity system that is safe, understanding and enables them to unleash their potential (as woman and girls). While the focus of this work in the first year has been internal, we anticipate that a number of initiatives and

	<p>learnings will be shared through sector connects and capability build sessions.</p>
<p>Providing</p>	
<p>C1- Work and partner with play, active recreation, sports providers and other community organisations to support initiatives that increase physical activity to tamariki, rangatahi, inactive adults and priority populations.</p> <p>C2- Funding and Tū Manawa Active Aotearoa.</p>	<p>Sport Canterbury continues to provide opportunities to participate and engage in/with play, active recreation and sport.</p> <p>Over the past 12 months, the following progress has been made against the performance measures:</p> <ul style="list-style-type: none"> • Sport Canterbury continues to support the Sport Coordinator role who provides physical education services to six schools across the Ashburton region (as a collaboration initiative between the schools). Sport Canterbury have been able to provide regular training and observation sessions to enable this role to best meet the needs of the school communities. Weekly support is also provided to this role to ensure the best outcomes are realised alongside a termly review process. Sport Canterbury has further supported this role through sourcing and supporting the Sport Coordinator to obtain a Professional Development opportunity, aimed to build and develop leadership skills, that can then bring back into the community schools. • Sport Canterbury facilitated the connection of five sports codes and 10 Healthy Active Learning schools to enable schools and sports to work in collaboration to provide in-school sporting opportunities. This enabled tamariki to have hands on experiences with different sports, leading to new opportunities and increasing confidence for our tamariki to try new sports. • Sport Canterbury supported the Kai for Kids organisation, collaborating to provide their Kai for Kids community schools with physical activations during the week-long 'Coins for Kids' fundraiser appeal. Sport Canterbury were able to go into two schools with Kai for Kids, as they made healthy lunch options with the tamariki and after lunch, provided full school physical activations, engaging 380

tamariki over two seasons with different games and physical movement. We also facilitated engagement with YMCA Mid Canterbury to join us in activating the larger HAL School, enhancing their connection with the school and embracing a collaborative approach concept to best meet the needs of the tamariki. Funds gained enable Kai for Kids to continue supporting our communities' schools with Kai for Kids lunches.

- Sport Canterbury provides Physical Activity Leaders (PALs) training to tamariki of nine Healthy Active Learning Schools. An extensive one-day training equipped tamariki with the skills and knowledge to enable them to run physical activity opportunities and experiences in their school play breaks. Sport Canterbury continues to provide tailored support to schools following the training day, ensuring PALs are utilised and enhance experiences within school break times. Sport Canterbury's PALs training has reached approximately 155 tamariki.
- Sport Canterbury worked with Mid Canterbury Netball to provide a video of Mid Canterbury Netball's no-limits netball programme. This support enabled a resource to be created which has been used advertise and encourage participation in no limits netball, providing further opportunities for disabled people to participate in physical activity. This resource has also enabled Mid Canterbury to better tell their story of impact.
- Through the Strength and Balance initiative, six providers currently deliver ACC Live Stronger for Longer approved classes to support older adults to participate in strength and balance exercise. This totals 22 approved classes running weekly in the Ashburton District. Total attendance at approved strength classes from 1st July – 30th June was 7,643 across the 799 classes held over the 23/24 financial year.
- Sport Canterbury has provided advocacy to support Orienteering as a more accessible Active Recreation opportunity, bringing together

a representative from an Orienteering associated club, to facilitate orienteering opportunities for tamariki. Sport Canterbury further advocated for orienteering through sourcing collaborative support from EA Networks centre, who were able to see the value in Orienteering as an alternative and un-tapped activity our community can be utilising more. Subsequently, EANC purchased orienteering equipment, breaking down potential barriers of access to equipment, therefore enhancing more orienteering to be able to take place within the community.

- Sport Canterbury supported the EA Networks Centres 'Learn to Swim' programme (L2S) through obtaining grant funding via the Braided Rivers Community Trusts Lions Foundation. The total amount received from the grant that went to EANC L2S programme was \$81,127.

Sport Canterbury supported Ashburton College to successfully gain \$360k of funding through Sport New Zealand's Active As programme, distributed over 3 years 2024-2026. From the January – July 2024 period, the following has happened within the Active As project at Ashburton College:

- With their first \$60,000 payment coming in, the school were able to recruit and successfully employ Cilla Baker as their Sport and Activities Coordinator. The purpose of this role was to support the coordination and delivery of the Active As in Ako programme alongside Cheyenne Parris. Cilla is a local personal trainer gym owner.
- Term one saw Active As in Ako begin, where each week a year level participate in a movement session during their Ako period on a Monday e.g. Week 1 = Year 9's, Week 2 = Year 10's...
- Term one saw an Amazing Race style activity take place in Ashburton Domain. Students completed a series of stations around the Domain that involved movement and linked back to the school values. The purpose behind this was to foster connection to people and place amongst students. Insights showed students from

Ashburton College only saw the Domain as a place to get to and from school, not a space to be active in.

- The first half of Term two saw students take a trip to EA Networks where they picked a sport or recreation activity to take part in. The school partnered with EA Networks to deliver the session. The purpose behind this was to get more students using EA Networks and seeing it as a space to be active. The following activities were on offer: Spin Class (EA Networks), Step Class (EA Networks), Walking Netball (Mid-Canterbury Netball), Cricket (Mid-Canterbury Cricket), HITT Circuit (EA Networks), Badminton (Mid Canterbury Badminton Club), Basketball (Mid Canterbury Basketball). Feedback from students was that they enjoyed trying activities they hadn't done before and getting active during class time.
- The second half of Term two's programme was YMCA-style games and old-fashioned party games. The school partnered with The Y Mid and South Canterbury to deliver this session. Students rotated around different games for the hour session, with the focus being on having fun, participation and encouragement.
- In March, Sport Canterbury and The Y connected on how they could deliver programmes and opportunities that better met the needs of rangatahi. The opportunity to connect in with Active As in Ashburton College arose and Sport Canterbury facilitated a connection between the two organisations. From this, the two met and developed a MoU outlining a partnership between The Y & Ashburton College. The following was agreed upon:
- The use of the Play Trailer at Active As in Ako, to be delivered from the Dance Room, for students who want to engage in low-impact, play-style games.
- The play trailer would remain after the session at morning teatime for the full school to engage if desired.

- Active As Student Leadership Programme. Ashburton College 'Active As' students group and staff identified a need for leadership-based training for students to support them in delivering Active As in Ako activities. Students wanted investment into a range of areas, including but not limited to:
 - Skills of being a leader & conflict resolution.
 - Guest speakers of how community leaders lead.
 - Motivating disengaged youth – influence vs power.
 - Proactively and respectfully supporting those who need additional help – upholding mana.
- This programme has been delivered on a Monday afternoon, with group numbers capped at 15. Initial sessions in Term two have rolled into a continuation of this programme for the remainder of the year.
 - Sport Canterbury has worked with Ashburton College to build the capability to gather student voice and allow for student decision-making through applying Mana Taiohi principles of Youth Development. They have used to co-design and deliver participation opportunities that meet student needs.
- Sport Canterbury continues to distribute the Tū Manawa Active Aotearoa fund. This fund has supported 10 Ashburton organisations with a total of \$65,550 being distributed to enable six play, two active recreation and two sport initiatives to take place. This fund supports tamariki and rangatahi, particularly those that are less active, to access quality play, active recreation, or sport opportunities of their choice in their community or school and kura. The fund prioritises those that are less active, aged 5-18 years. These groups can include, less equitable communities, Asian and/or Pasifika demographic, girls and young women, disabled tamariki and rangatahi.
- Tū Manawa has supported Mid Canterbury Netball, Safer Mid Canterbury/ Refugee Settlement Support Service and YMCA Mid

	<p>Canterbury directly in the last year, providing \$21,950 in funding, activating Play, Active Recreation and Sport initiatives.</p> <ul style="list-style-type: none">• An example of the impact of Sport Canterbury's Tu Manawa Fund Aotearoa can be evidenced through the provision \$6,000 to enable activities through the Immigration Networks successful application to the fund. This enabled new migrants to participation in swimming lessons and sport activations that meet their needs. 35 tamariki between five and 18 years were recorded to have accessed various sports due to the Tū Manawa funds covering the cost of membership or class fees, swimming lessons, sports uniforms and required gear. Reporting shows that as 98% of those receiving this fund are beneficiaries, and with the cost to participate in sport opportunities a significant barrier for these families, this funding removes many of those barriers.
--	---